

## **Who Am I? Identity Discovery and Reinvention for Women, 3 months\***

- Free initial consultation (approx. 30 minutes)
- Twelve (12) weekly one-hour sessions
- Learn more about how you are wired by God and how that influences your relationships, plus how you can use that to improve interactions with others
- Recognize and develop your spiritual gifts and create a plan for using them in the kingdom of God without getting burned out
- Increase self-esteem, becoming comfortable with who you are, and living purposefully
- React less, respond more
- Protect your heart, strengthen your mind, and re-energize your spirit
- Stop worrying about what others think so you can confidently live your own life
- Worksheets and assessments included
- Email support for the duration of the coaching

*Who Am I Package is \$499 upfront, or three monthly installments of \$175*