

## **Single Moms Matter (basic)**

- Free initial consultation (approx. 30 minutes)
- Four (4) 45-minute sessions, meeting weekly or every other week (can be combined)
- Address your top two concerns as a mom
- Worksheets
- Email support for duration of the coaching or one week, whichever is greater

*Single Moms Matter Package is \$100 upfront or two installments of \$50*