

MERGE Pre-Marital Preparation Package, 3 months

- Free initial consultation (approx. 30 minutes)
- Online assessment with report
- Twelve (12) one-hour couple sessions (some can be combined if desired)
- 30 min. individual. phone session for each - the bride and the groom
- 1 yr. follow up session
- 3 yr. follow up session
- Workbooks/Activity/Discussion sheets
- Explore things that will affect your happiness for years to come
- Make sure you and your spouse are on the same page regarding key and important issues relating to marriage mindset, money, sex, in-laws, children, spiritual connectivity and leadership, communication, and expectations
- Solidify your decision to marry and develop a plan for effective communication and resolving conflict
- Learn how to store your baggage and the role of your family of origin
- For blended families, understanding and developing strategies for dealing with former spouses and grandparents
- Budget Worksheet
- Email support for the duration of the coaching
- BONUS #1: Learn the languages of love and respect
- BONUS #2 for Blended Families – two extra sessions to cover parenting in the blended family

Pre-Marital Package \$799 upfront or three monthly installments of \$275