

Freedom Through Forgiveness, 2 months*

- Free initial consultation (approx. 30 minutes)
- Four (4) one-hour sessions, meeting twice per month (may be combined if desired)
- Why should you forgive and when?
- What about apologies/rules for true apologies?
- Myths - what forgiveness is and is not
- Difference among forgiveness, reconciliation, and trust
- From victim to victor using the Lord's prayer
- Move beyond the past and feelings of bitterness
- Email support for duration of the coaching

Freedom Through Forgiveness Package is \$150 upfront or two monthly installments of \$85